

### **Rocket Middle School Distance Night: Meet schedule (May 3)**

*We will hold to this schedule so that athletes have some certainty on their start time, unless we fall behind. Athletes should check in for their race no later than the times listed below. We will explain the check-in process at the 5:30pm Coaches Meeting.*

**Admission gate will open at 4:30pm**

<b>Time</b>	<b>Event</b>	
5:30	Coaches Meeting	
		<b>When to check in for your race:</b>
6:00	800m Open Girls – section 1	All Open Girls 800 should check in at 5:40pm
6:08	800m Open Girls – section 2	
6:16	800m Open Boys - section 1	All Open Boys 800 should check in at 5:55pm
6:24	800m Open Boys – section 2	
6:32	1600m Open Girls	All Open 1600 (Girls & Boys) should check in at 5:10pm
6:42	1600m Open Boys	
6:55	800m Junior Girls	All Junior (5-6th) athletes, both 800 and 1600m, should check in for their race at 6:35
7:03	800m Junior Boys	
7:11	1600m Junior Girls	
7:21	1600m Junior Boys	
7:31	800m Senior Girls	All Senior (7-8th) athletes, both 800 and 1600m, should check in for their race at 7:10
7:39	800m Senior Boys	
7:47	1600m Senior Girls	
7:57	1600m Senior Boys	